



Referral pathways

Updated: March 23

Improving Your Health

Area of need:	Our referral partner:
Smoking	> Quit Ready
Alcohol and drug awareness	> Turning Point
Active lifestyle	> Physical Activity Development Officers – Local councils
Healthy weight	> Leicestershire Weight Management Service
Sexual health	> Integrated Sexual Health Service
Mental health and wellbeing	> Mental Health Reablement and Recovery Services > Vita Health

Falls

Area of need:	Our referral partner:
Previously fallen	> NHS Falls Team
Preventing falls	> Physical Activity Development Officers – Local councils

Feeling Safe

Area of need:	Our referral partner:
Fire safety	> Leicestershire Fire & Rescue Service
Risk of crime	> Leicestershire Police > Local councils
Rogue traders	> Trading Standards > Citizens Advice
Victim of crime	> Victim First

Living Independently

Area of need:	Our referral partner:
Managing personal care	> Leicestershire County Council Social Care Services
Lifeline & assistive technology	> Local councils > Leicestershire County Council Care Technology Team
Help in Your Home	> Royal British Legion
Community groups and transport	> Local voluntary sector groups > Local Area Co-ordination > Leicestershire County Council Home Library Service
Visually impaired	> VISTA
Hearing impaired	> Action Deafness

Money, Debt and Benefits

Area of need:	Our referral partner:
Benefits	> DWP Pensions, Disability & Carers Service > Age UK > Local councils
Debt	> Citizens Advice
Managing money	> Citizens Advice

Work, Learning and Volunteering

Area of need:	Our referral partner:
Unemployment	> Work and Skills Leicestershire > Citizens Advice
Adult learning	> Leicestershire Adult Learning Service
Volunteering	> Voluntary Action Leicestershire

Families and Relationships

Area of need:	Our referral partner:
Caring for others	> VASL > Sue Young Cancer Support
Dementia Support	> Age UK Society Dementia Support Service
Family activities and support	> Family Information Service > Citizens Advice

Your Home

Area of need:	Our referral partner:
Repairs, adaptations and maintenance	> Local councils > Lightbulb Service
Warm homes	> First Contact Plus – Warm Homes Service > Local councils
Housing options	> Citizens Advice > Local councils

Visit www.FirstContactPlus.org.uk for further information