

# LEICESTERSHIRE EMPLOYMENT & SKILLS PROGRAMME

Do you want to work, volunteer or learn a skill, but find this challenging due to your mental health?

If so, **Real Purpose** can help you.



[www.realpurpose.uk](http://www.realpurpose.uk)  
[info@realpurpose.uk](mailto:info@realpurpose.uk)

    @realpurposeuk

**Call FREE**  
**0800 688**  
**9938**

# HOW WE CAN HELP

We can help you gain employment, voluntary work or learning, and most importantly, sustain that to benefit your mental health, confidence and quality of life.



**Employment  
Adviser**



**Interview  
Coaching**



**Help with  
applications**



**CV Writing**



**Tutor Sessions**



**Skills Training**

## ELIGIBILITY

- **Age 18+ and registered with a GP**
- **Live in Leicestershire County (not Leicester City)**
- **Actively seeking work or learning opportunities, including those currently employed seeking a change of job or help staying in work**
- **At risk of, or currently managing, mental health challenges through primary care services**

**Please note:** Our services are currently available for individuals in Leicestershire County under Primary Care (GP) services only.

Unfortunately, this means we cannot help you if you are currently under the care of an NHS Psychiatrist, Community Psychiatric Nurse and/or Community Mental Health Team. For assistance outside these criteria, please email [info@realpurpose.uk](mailto:info@realpurpose.uk) and we will do our best to signpost you to a suitable organisation. We aspire to expand our criteria in the future to be able to support more individuals.

**To refer or self-refer, please visit [www.realpurpose.uk](http://www.realpurpose.uk)**