## Stay safe, well and independent for longer



## Care Choices' essential guide to choosing and paying for adult care and support

For **FREE** copies of the **Directory**, refer to the following contact details: Leicester – **Sajid.omarji@leicester.gov.uk** or **0116 454 3694** Leicestershire – **adminteamcoalville@leics.gov.uk** or **0116 305 2169** Rutland – **enguiries@rutland.gov.uk** or **01572 722577** 



www.carechoices.co.uk/publication/leicestershire

In association with











For assistance with finding care and support visit www.carechoices.co.uk